PATIENT NAME: __________________________
DATE OF PROCEDURE: __________________________
TIME OF PROCEDURE: ________________ (REPORT TO ADMITTING 15 MIN PRIOR)

INSTRUCTIONS:
❖ IT IS VERY IMPORTANT FOR YOU TO FOLLOW THE DIET AS OUTLINED BELOW.
IT STARTS 12 NOON THE DAY BEFORE YOUR EXAM.

☐ 12 NOON: EAT A LIGHT MEAL WHICH INCLUDES CLEAR SOUPS (FAT-FREE), SMALL PORTIONS OF WHITE MEAT FOWL OR FISH, PLAIN GELATIN, DRY WHITE BREAD, PLUS ANY CLEAR LIQUIDS: water, clear citrus fruit juices, apple, cranberry, or grape, tea & coffee (no cream or milk)

☐ 2 PM: DRINK AT LEAST 8 OUNCES OF CLEAR LIQUID

☐ 3 PM: DRINK AT LEAST 8 OUNCES OF CLEAR LIQUID

☐ 4 PM: DRINK AT LEAST 8 OUNCES OF CLEAR LIQUID

☐ 5 PM: DRINK AT LEAST 8 OUNCES OF CLEAR LIQUID

☐ 6 PM: HAVE A CLEAR LIQUID MEAL (BOUILLON, FRUIT JUICE, PLAIN JELLO) NO SOLID FOODS / NO DAIRY PRODUCTS

☐ 7 PM: POUR FLEET PROSPHO-SODA INTO ½ GLASS OF COLD CLEAR LIQUID. DRINK SODA IMMEDIATELY FOLLOWED BY 1 FULL GLASS WATER

☐ 8 PM: DRINK AT LEAST 8 OUNCES OF CLEAR LIQUID

☐ 9 PM: DRINK AT LEAST 8 OUNCES OF CLEAR LIQUID

☐ BEFORE RETIRING: TAKE ALL 4 YELLOW FLEET BISCODYL TABLETS. SWALLOW TABLETS WHOLE WITH A FULL GLASS OF WATER. DO NOT CHEW OR DISSOLVE TABLETS UNLESS DOCTOR INDICATES OTHERWISE.

☐ DAY OF EXAM: NOTHING TO EAT OR DRINK.

☐ AT LEAST 1 HR BEFORE LEAVING FOR YOUR EXAM:
USE FLEET BISCODYL ENEMA. SHAKE BOTTLE BEFORE USING. REMOVE PROTECTIVE SHIELD FROM RECTAL TIP. LIE ON LEFT SIDE OR IN A KNEE- CHEST POSITION. INSERT ENEMA TIP POINTING TOWARD NAVAL. SQUEEZE BOTTLE UNTIL NEARLY ALL LIQUID IS EXPULLED. WAIT 15 MINUTES BEFORE EVACUATING EVEN IF URGE IS STRONG.
IF YOU HAVE FOLLOWED ALL INSTRUCTIONS CAREFULLY, YOUR SYSTEM SHOULD BE CLEAN, CLEAR, AND READY FOR THE EXAM.

(CONTINUED ON BACK)
(IVP CONTINUED)

TEST SUMMARY:

- AN IV WILL BE INSERTED INTO YOUR ARM. CONTRAST MEDIA WILL BE INJECTED AND SEVERAL RADIOGRAPHS WILL BE OBTAINED.
- PLEASE ALLOW 1 - 1/2 HOUR FOR THE EXAMINATION TO BE COMPLETED.
- AFTER THE EXAM, PLEASE DRINK PLENTY OF FLUIDS.

_Intravenous Pyelograms (IVP) are used to visualize the kidneys, ureters, and bladder._

ANY QUESTIONS OR IF YOU ARE UNABLE TO KEEP YOUR APPOINTMENT,
PLEASE CALL THE RADIOLOGY DEPARTMENT
(260) 724-2145 EXT. 1427 (OR) 1426
THANK YOU!